



Joe Cronin – Camp Director

AMERICAN GYMNASTICS ASSOCIATION

704 King Dr.
Bedford, TX 76022
(940) 631– FLIP (3547)

AerialsGymnastics.net
www.aga-tx.org
MrMrsFlip@sbcglobal.net



Welcome to AGA Camp 2025!

Dear Parents,

We're thrilled to welcome your gymnast to AGA Camp 2025! Our goal is to provide an unforgettable summer filled with fun, learning, and growth.

At AGA, our passionate and experienced coaches are dedicated to helping your child develop their skills, build confidence, and reach new heights—maybe even Olympic ones!

On the following pages, you'll find important camp information. Please take a moment to review these details to ensure your camper has the best experience possible. If you have any questions before camp begins, feel free to email me—I aim to respond within 24 hours. You're also welcome to text me at the mobile number listed above.

We can't wait to get started and look forward to an incredible summer with your young athlete.

See you soon!

Joseph A. Cronin
AGA Treasurer
AGA Camp Director



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Gymnastics Summer Camp Information

Arrival & Departure

- Check-in at **West Hall** upon arrival, where you will receive:
- **Key Card** (must be returned at check-out; \$50 fee for lost cards)
- **Wi-Fi password**
- Check-out also takes place at **West Hall**
- Bring your own **bedding** (for a Twin XL mattress), **pillow**, or **sleeping bag**

West Hall Features

- **Lounge space** on each floor
- **Free laundry facilities** (bring your own detergent and dryer sheets)
- **Community kitchen**
- **Private bathroom** (shared with your roommate)
- **Double occupancy rooms** (roommate requests should be submitted to your coach)

Dining

- Meals are provided at the **UTA student cafeteria**, across from West Hall
- **Dress code:** T-shirt and shorts required; flip-flops or tennis shoes allowed
- **Behavior:** Best manners and behavior are expected at all times
- Eat as much or as little as you want from the available food stations
- **Clean up after meals:** Gymnasts are responsible for bussing their own trays

Swimming

- **Thursday evening** (weather permitting) at the **Physical Education Center**
- **Lifeguards** will explain pool rules before swimming

Safety Guidelines

- Stay with your group at all times.
- Always carry your key card.
- Do not share key cards with anyone.
- After returning from the final evening activity, no one is allowed outside the West Hall.



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Camp Information (Cont.)

After checking into the dorm, please have your gymnast at Aerials by 1:00 P.M. Once at the gym, we'll divide the gymnasts into groups and begin workouts. I'll also share a few introductory remarks with parents at that time.

We have an open gym policy, so feel free to stay and observe any part of the workouts on any day.

On Saturday, you're welcome to arrive at 9:00 A.M. We'll go through all the rotations so you can see what your gymnast has learned during camp. There will also be a music and dance performance.

Following the performance, gymnasts will return to the dorm by bus and be released to you there.

Gymnastics Summer Camp Packing List

Gym Gear

- Small daypack/backpack
- Water bottle
- Leotard & shorts (for 4 days)
- Grips and wristbands
- Tape and pre-wrap
- Hair ties and scrunchies

Swimming Essentials

- Swimsuit
- Swim towel
- Footwear for around the pool

Personal Care

- Bathroom towels
- Toiletries (toothbrush, toothpaste, shampoo, soap, deodorant, etc.)
- Hairbrush/comb/Blow-dryer
- Small trash can and bags

Clothing & Accessories

- Comfortable clothes for downtime
- Pajamas
- Sneakers and socks
- Jacket or hoodie (for cooler evenings)
- Extra underwear and socks

Electronics & Money

- Phone and phone charger
- Credit or debit card for snack purchases
(**limited cash recommended**)

Optional Items

- Snacks
- Sunscreen
- Bug spray
- Notebook and pen
- Book or small games for free time
- Reusable shopping bag (for dirty clothes)

Note: Camp t-shirts will be handed out on the last day at no additional charge.



RELEASE AND INDEMNIFICATION AGREEMENT FOR MINORS

(Please bring this form to turn in at West Hall Dorm check-in.)

PARTICIPANT: (Minor's Name and Address)

INSTITUTION:

**University of Texas at Arlington
701 S. Nedderman Dr
Arlington, TX 76013**

Activity: American Gymnastics Association girls gymnastics summer camp

Location: The University of Texas at Arlington

Dates: May 28-31, 2025

Parent/Guardian Please Initial the Following:

_____ I am the Parent/Guardian of the above-named Participant who is under eighteen (18) years of age and am fully competent to sign this Agreement.

_____ I give permission for Participant to participate in the above-referenced Activity. I acknowledge that the nature of the Activity may expose Participant to hazards or risks that may result in Participant's illness, personal injury or death and I understand and appreciate the nature of such hazards and risks.

_____ In consideration of Participant being permitted to participate in the Activity, I hereby accept all risk to Participant's health and of her/his injury or death that may result from such participation and I hereby release the above named Institution, its governing board, officers, employees and representatives from any and all liability and causes of action for loss of or damage to Participant. Participant's personal representatives, estate, heirs, next of kin, and assigns for any and all claims and causes of action for loss of or damage to Participant's property and for any and all illness or injury to Participant's person, including her/his death, that may result from or occur during Participant's participation in the Activity, whether caused by negligence of the Institution, its governing board, officers, employees, or representatives, or otherwise. I further agree to indemnify and hold harmless the Institution and its governing board, officers, employees, and representatives from liability for the injury or death of any person(s) and damage to property that may result from Participant's negligent or intentional act or omission while participating in the described Activity.

_____ In the event of an emergency, I have provided the Activity Coordinator with a completed copy of the "Emergency Contact" Information Page.

_____ I consent and give permission to allow photographs and/or videos to be taken of Participant during the Activity. I further give consent and permission that any such photographs and videos may be published and used by the Activity and Institution and its agents to illustrate and promote the Activity and its experience and programs.

I HAVE CAREFULLY READ THIS AGREEMENT AND UNDERSTAND IT TO BE A RELEASE OF ALL CLAIMS AND CAUSES OF ACTION FOR PARTICIPANT'S INJURY OR DEATH OR DAMAGE TO PARTICIPANT'S PROPERTY THAT OCCURS WHILE PARTICIPATING IN THE DESCRIBED ACTIVITY AND IT OBLIGATES ME TO INDEMNIFY THE PARTIES NAMED FOR ANY LIABILITY FOR ANY INJURY OR DEATH OF ANY PERSON AND DAMAGE TO PROPERTY CAUSED BY PARTICIPANT'S NEGLIGENT OR INTENTIONAL ACT OR OMISSION.

Signature of Parent/Guardian

Date

Address (if Different from Participant's)

Witness

Date

Building self-esteem and fitness through the fun of gymnastics

GYMNASTICS CAMP May 28th—May 31st SCHEDULE

Thursday & Friday

6:30—Wake up

7:30—Breakfast

8:30 — Bus to Gym

9:00— Stretch and

1st Class

10:00— 2nd Class
11:00— 3rd Class
Noon— Bus and

1:30— Bus

Back to Gym 2:00— Stretch and

3:00—	4th Class
4:00—	5th Class
5:00—	6th Class
	Bus and
	Dinner at UTA
7:00—	Evening
	Activities

**University of
Texas Arlington
West Hall—UTA
916 UTA Blvd
Arlington, TX 76013
817-272-6951**

<https://www.uta.edu/campus-ops/housing/res-halls/west-hall>

Aerials Gymnastics
3001 Turner Warnell Rd
Arlington, TX 76031
(817)472-6111

AerialsGymnastics.net



**May 28-
May 31**

**Wednesday-
Saturday**



Camp 2025

ENROLL AT AerialsGymnastics.net
or call us at (940)631-FLIP(3547)

CAMP DIRECTOR JOE CRONIN

We believe that gymnastics camp is about more than just gymnastics—for one simple reason: we care about children as much as we care about the sport. Our goal is to provide the best equipment, staff, and atmosphere for every gymnast who participates.

We're committed to building self-esteem and promoting fitness through the fun and excitement of gymnastics.

INSTRUCTION

No one person can conduct a gymnastics camp. It takes a dedicated and experienced staff to implement a program that will insure a great camp for each child. Our coaching staff possesses experience, knowledge, and dedication. The diverse perspectives of this group provide the gymnasts unparalleled opportunity to meet their individual training and personal goals.

OUR DAY

Campers receive maximum instruction during a well-structured day. Gymnasts will attend classes on vault, bars, beam, floor, trampoline, and dance. Our low student/teacher ratio allows individual attention for each camper.

FACILITIES

The University of Texas Arlington has graciously allowed us access to the on-campus pool, indoor rec center, and campus theatre for evening activities. Campers will take a ten minute shuttle to the 15,000 sq ft Aerials gymnastics facility which has two Olympic size spring floors, in-ground trampolines and tumble trampolines, foam cube pits for vault, tumbling and bars...and so much more!!

HOUSING & MEALS

Campers and staff will stay in the University's residence halls, with double-occupancy rooms. Each room includes a Twin XL bed, desk, chair, and wardrobe or closet per person.

Campers should bring their own bedding or a sleeping bag. Laundry facilities (washers and dryers) are available at no extra charge.

All meals will be provided in the University cafeteria.

ENROLLMENT

To secure your spot, please complete the application and submit your deposit online at [AerialsGymnastics.net](https://my.matterport.com/show/?m=fu6majU4bPB&cta=0).

- **Application deadline:** May 5
- **Camp cost:** \$499
- **Minimum age:** 8 years old by May 28
- **Deposit:** \$100 (non-refundable) due with application
- **Final payment:** Due in full by Monday, May 19 *Please note: All fees are non-refundable after May 19.*

FORMS

After registering, you will receive a confirmation packet via email containing detailed camp information and all necessary forms.

PAYMENT

All payments must be made online using a credit/debit card or bank check.



The camp price is \$499
Application & deposit of
\$100 are due by **May 5th.**

The balance is due by
Thursday, May 19th

AerialsGymnastics.net



The University of Texas
ARLINGTON™



<https://my.matterport.com/show/?m=fu6majU4bPB&cta=0>