

2017 AGA VAULT TABLE

GROUP 1 Handsprings

	JR P	JR	SR	ELITE
HS	10.0	10.0	8.5	8.0
HS 1/2	10.0	10.0	8.6	8.3
HS 1/1		10.0	9.2	9.2
HS 1 1/2			9.1	9.1
HS 2/1			9.5	9.5
1/1 HS			8.9	8.9
1/4 - 1/2 on 1/4 - HS off	10.0	10.0	8.6	8.3
1/4 - 1/2 on 3/4 - 1/2 off		10.0	8.9	8.6
1/4 - 1/2 on 1 1/4 - 1/1 off			9.2	8.9
1/4 - 1/2 on 1 3/4 - 1 1/2 off			9.5	9.4
1/4 - 1/2 on 2 1/4 - 2/1 off			9.7	9.6
1/1 - 1/2			9.4	9.2
1/1 - 1/1			9.7	9.5
1/1 - 1 1/2			9.8	9.6
1 1/2 - 1/2			9.8	9.6

GROUP 2

Handsprings with a Salto

Senior/Elite Only

HS - F Tuck	9.7
HS -F Tuck 1/2	9.9
HS - 1/2 off, Bk Tuck (Cuervo Tuck)	9.9
HS - F Pike	9.9
HS - Pike 1/2	10.0
HS - 1/2 off, Bk Pike (Cuervo Pike)	10.0

GROUP 3

Tsukahara

Senior/Elite Only

Tsukahara Tuck	9.5
Tsuk Tuck 1/2	9.6
Tsuk Pike	9.6
Tsuk Pike 1/2	9.7
Tsuk Layout	9.7
Tsuk Layout 1/2	9.8
Tsuk Layout 1/1	9.9
Tsuk Tuck 1 1/2	10
1/2 - 1/2 F Tuck	10

GROUP 4

Yurchenko

Senior/Elite Only

Senior		Elite
8.5	RO - BHS to feet	8.0
8.6	RO-BHS to feet 1/2	8.3
9.0	RO-BHS to feet 1/1	8.8
9.1	RO-BHS to feet 1 1/2	9.1
9.5	RO-BHS to feet 2/1	9.5
9.5	RO - BHS Tuck	9.5
9.6	RO - BHS Pike	9.6
9.7	RO - BHS Layout	9.7

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2017 Code of Points

BARS

Mounts, Kips	Value
Glide kip/long hang kip	A
Glide Kip w reverse grip	A
Jump 1/2 turn Kip on Low Bar	A
Jump under LB to stoop through, back kip up	A
Stoop-thru kip	A
Stoop/straddle over LB to catch HB, passing thru rear support touching LB w back of thighs	A
Jump to HB - Kip up	A
Jump 1/2 turn to catch HB	A
Jump 1/1 turn to catch HB	A
Squat or Straddle w hand repulsion over LB to catch HB	A
Glide, 1/2 turn, glide kip	A
Kip LB - 1/2 turn - catch HB	B
Glide Kip w grip change to hang on HB	B
1/1 turn - LB kip	B
Stoop-thru kip (clear of LB) with grip change to hang on HB	B
Stoop-thru kip (clear of LB) with grip change 1/2 turn to hang on HB	B
Reverse Kip	B
1/2 turn to kip on HB	B
Free Jump w 1/2 turn over LB to catch HB	B
Jump to tuck or straddle peach	B
Free Squat or Straddle over LB to catch HB	B
Hecht Vault over LB to catch HB	B
Bent hip handstand	B
Jump to Overshoot	B
Straddle Cut LB	B
Glide Kip w 1/1 turn and grip change to hang on HB	C
1/2 turn-Kip LB-1/1 turn- grip change to catch HB	C
1/1 turn- LB Kip w grip change to hang on HB	C
Stoop-thru kip with grip change to hang on high bar w 1/1 turn	C
Straddle Cut catch HB	Alt
1/2 turn over LB to Kip HB	C
Salto forward to brief hang on HB	C
RO over LB to grab HB	C
Jump to HB- Clear Hip to Handstand	C
Jump forward w free straddle over LB, 1/2 turn to catch HB in 'L' grip (1/2 turn must be free)	C

Jump to HS with hips bent then extended w 1/2 turn	C
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BARS

Mounts, Kips	
Front Salto over LB to catch HB	D
RO - 1/1 turn over LB to HB	D
Roundoff-Flic Flac thru HS over LB	D
Roundoff-Back Tuck over LB- catch LB	D
Roundoff-Arabian tucked to LB sit	D
Roundoff-Arabian piked to LB sit	D
Jump to handstand with hips extended	D
HB Clear Hip to handstand w 1/2 turn	D
Salto forward tucked over LB w 1/2 turn to grasp LB	D
Roundoff-Flic Flac 1/1 turn over LB	E
Roundoff-Arabian piked over LB to HB	E
Roudoff-Arabian tucked over LB to HB	E

Casts and Counterswings		Value
Cast to squat or stoop feet on bar		A
Cast to 11 to 44 degrees from vertical, legs together (hips extended)		A
Cast to 11 to 44 degrees from vertical, legs straddled (hip bent)		A
Cast to squat, stoop or straddle on LB, jump to grasp HB		A
Uprise from swing		A
Cast - Straight Body Handstand		B
Cast - HS with Bent Hips, Legs Straddled		B
HB - Stoop Over - 1/2 turn to HB		B
Front Support: Free Squat, Stoop or Straddle over LB with grip change to catch HB		B
HB - Swing Back- 1/1 turn- regrasp HB		B
Counterswing to Straddle back to to HS , HS 15 degrees short of vertical		B
Uprise from underswing		Alt
Uprise ending in 15 degrees short of HS		B
Turning uprise		B
Counterswing to straddle back over LB to hang on LB		B
Hang on HB - uprise bkw w strdl flight over HB to hang		C
Hang on HB - uprise bkw w vault in flight over HB		C
From Front Support on HB - Swing Back w release and 1/1 turn to hang on HB		C
Cast to HS-hop in HS to reverse grip		C
Cast to HS- 1/2 turn in HS		C
Cast to HS-1/2 turn in handstand, turn completed later than 45 degrees from HS		C
Uprise to HS		C
Counterswing to straddle back over LB to HS on LB		C
Counterswing to straddle back over LB to HS on LB w 1/2 turn in HS		C
Counterswing w 1/2 turn in flight to arrive in a cir support on LB		C

LB- Cast Front Salto- HB	D
Cast HS- 1 1/2 turn to mixed grip	D
Uprise to HS, 1 1/2 turn in HS	D
Cast to HS-hop in , 1/1 turn	D
Cast HS-hop change to L grip	D
Cast HS- 1/1 turn in HS	D
Back uprise, release w 1/2 turn and straddle flight bkw over LB	D
Uprise to HS w 1/2 turn	D
Cast on HB, swing down btwe bars to turning uprise and strdl fw over HB 1/2 turn to regrasp HB	D
Uprise to HS-1/1 turn in HS	D
Uprise to HS-1/1 turn to mixed L	D
Back uprise to HS, hop to reverse grip in HS	D
Counterswing, straddle back to HS on LB w 1/1 turn in HS	D
Counterswing w 1/2 turn in flight to arrive in HS on LB	D
On HB- Counterswing to front salto stretched with 1/2 turn to catch LB in hang (Cox)	D
LB- Cast Front Salto with 1/1 turn-catch HB	E
Cast- Front Salto-Hang on same bar	E

BARS

Underswing and Clear Hip	Value
Underswing on low bar w/grip change to catch HB	A
Underswing w 1/2t on HB to hang	A
HB-dislocate-HB hang	A
Underswing on LB-1/2 turn -grab HB	B
Underswing-1/2 turn to front support	B
Underswing HB-1/2 turn-flair catch	B
Clear Hip to Clear Front Support	B
Underswing (to-on) w 1/2t and flight over LB to hang on LB	B
LB-Underswing with countermovement to HB	C
Underswing with 1 1/2 turn	C
Uprise bkw to clear hip to handstand	C
Clear Hip to Handstand	C
Clear Hip to Handstand- 1/2 turn IN to L grip	C
Uprise bkw to clear hip to HS w 1/2t	C
Clear Hip to Handstand -1/2 turn IN	C
Pike Swing-dislocate to near HS hop	C
Pike Swing-dislocate over low bar	C
From HS on HB, Underswing (toe on) w 1/2t and flight over LB to hang on LB	C
LB Clear Hip to HS w flight to HB w 1/2 turn	D
LB Clear Hip to HS with flight to grab HB	D
Clear Hip to Handstand- 1/1 turn IN	D
HB Pike Swing-dislocate to flight to LB Handstand	D
On HB, Underswing (toe on) w 1/2t and flight over LB to HS on LB	D

Clear Hip to HS-hop change to reverse grip	D
Clear Hip circle forward to HS	D
Clear Hip circle forward to HS w 1/2t	D
On LB facing HB - Clear Hip circle fore to imm front salto over LB to catch HB	D
HB-Clear Hip to HS-counter straddle to HB	E
Underswing w 1 1/2 turn over LB-grab LB	E

BARS

Back Giant Circles	Value
Swing forw w 1/2t approx 45 degrees above HB height	A
On LB- Back Giant circle to HS (either side)	A
On HB- long hang pullover to front support	A
On LB- Back Giant circle w 1/2t in HS (either side)	B
Overshoot	B
Back Giant Circle	ALT
Accelerated Back Giant circle	C
Back Giant circle with one arm	C
Back Giant circle in mixed grip	C
Hang on HB facing LB- swing forw and salto roll bk (tuck or straddle) to hang on LB	C
Swign Down- 1 1/2 t IN HS	C
Back Giant with hop change grip in HS phase	C
Back Giant with 1/2t IN HS to mixed grip	C
Back Giant with 1/2t IN HS to mixed grip	C
On LB- Back Giant circle w 1/1t in HS	C
Back Giant with 1/2t to 1/2t	C
HS to overshoot	C
On LB facing HB- Back Giant w release and 1/2t in tuck w flighth to catch HB finish in hang on HB facing LB	C
Back Giant with 1 1/2t in HS	D
Back Giant with 1 1/2t to mixed L-grip	D
HB- swing over LB w 1/2t to LB HS	D
Giant to Counter Straddle	D
Hang on HB facing LB- swing forw and salto bk w straddel to clear support on LB	D
HB- Swing 1/2t forw straddle-pike salto to HB	D
HB- Swing 1/2t forw tuck-straddle salto to HB	D
HB- Swing 1/2t forw pike salto to HB	D
Back Giant on HB- hop from regular grip to L-grip in HS phase (Dochney)	D
Back Giant w 1/1t in HS w hop on first 1/2t (turns in same direction)	D
Back Giant with hop change IN HS to reverse grip, 1/2t after mixed L	D
Back Giant with 1/1 turn IN HS to L-grip	D
Hang on HB- long swing forw w 1 1/2t and flight over LB to hang on LB	E
Facing outward- underswing forw on HB- counter salto forw straddle to hang on HB in reverse grip	E
Back Giant with hop 1/1 turn	E
Back Giant with 1/1t inHS w hop on first 1/2t (turns in same direction)	E

Back Giant- Counter Straddle w 1/1 turn	E
Hang on HB facign LB- swing forw and salto bkw T/P/Str w 1/1t between bars to clear support or hang on LB	E
Swing between bars- back salto with 1 1/2 turns	E
Swign down between bars- swign forw and salto bkw stretched w 1/2t	E

BARS

Front Giant Circles	Value
HS on HB- swing down forw betw bars, swing bkw and 1/1t at 90 degrees above	B
Swing (not from HS) to Straddle Back	B
LB Front Giant in reverse grip w 1/2t	B
LB Front Giant in reverse grip	B
Swing (not from HS) to Straddle Back to HS	C
Front Giant to Vault over HB with 1/2t	C
LB Front Giant w 1/1t in HS	C
Front Giant circle in reverse grip	C
Front Giant circle in reverse grip w 1/2t	C
HB HS- Swing forw to Straddle Back	C
HS on HB- swing down betw bars w grip change to cross grip, 1/2t in range of hang position and swing upward to HS on HB, also w 1/2t	C
Swing down betw bars w 1/2t thru brief hang, swing bkw w salto forw (str/tk) to hang on HB	D
LB Front Giant or Front Stalder to salto forw to catch HB	D
Swing forw to front salto straddled	D
Front Giant in reverse frip- 1/2t , straddle back over HB	D
Front Giant in reverse grip w 1/1t IN HS	D
Giant Circle forw in reverse grip, hop to L-grip in HS (hands must release simultaneously)	D
Front Giant in regular grip	D
Front Giant- reverse grip w 1/1 turn to mixed grip	D
HB HS- swing forw to straddle back to HS	D
Swing forw to front salto tucked	D
Facing out on LB, LG Front Giant to salto forw to catch LB	D
Front Giant in L-grip	D
Front Giant in L-grip w 1/2t	D
Swing forw to front salto stretched	E
Forw Giant in L-grip with 1/1t in HS from L-grip on one arm w side flair of free arm	E
HB HS, swing down betw bars w 1/2t to brief hang w cross grip or change to regular grip, swing bkw with salto forw pike to hang on HB	E
Swing forw to front salto piked	E
Swing forw to front salto over HB	E
Forw Giant in L-grip with 1/1t in HS to L or mixed L	E

Stalder Giant Circles	Value
Clear Straddle circle forw to clear support	A
Clear Straddle circlce bkw on HB to clear support	A

Clear Straddle circle bkd on LB to clear support	A
Forw Stalder to front support	B
Clear Straddle circle forw on LB w 1/2t grip change to hang on HB	B
Clear Straddle circle bkd on HB w 1/2t grip change to hang on HB	B
HB- Back Stalder to clear support	B
Back Stalder to clear support	B
Clear Straddle circle bkw on LB w 1/2t grip change to hang on HB	B
Front Stalder to HS	C
Front Stalder to HS with 1/2t	C
Clear Straddle circle forw on HB w flight bkw over LB to hang on LB	C
Back Stalder to HS	C
Back Stalder to HS w 1/2t to L or mixed L	C
LB- Stalder bkw w release and counter movement forw in flight to hang on HB	C
Kip up on HB, passing thru clear straddle support- swing/press to HS and 1/2t in HS phase	C
L-grip Front Stalder to clear support	C

BARS

Stalder Giant Circles	Value
Forw Stalder to HS with 1/1t IN HS	D
Clear straddle circle forw or bkw on HB w flight to HS on LB	D
Stalder forw in L-grip to HS, also w 1/2t in HS phase	D
Back Stalder to HS- 1/1t IN HS	D
LB- Back Stalder to HS- flight to HB	D
LB- Back Stalder to HS- flight to HB w 1/2t	D
Stalder Forw w regular (over) grip	D
Back Stalder to HS- hpo to reverse grip	D
Facing out on LB, LB Front Stalder to salto forw to catch HB	D
HB- Back Stalder to HS- counter straddle to HB	E
HB- Back Stalder to HS- 1 1/2 turn to mixed L	E
HB- Back Stalder to HS- 1 1/2 turn	E

Circles, Swings and Hechts	Value
Back Hip circle, also without hands	A
Front Hip circle, also without hands	A
Long Hang pullover	A
LB- Back free hip circle to false pop	A
Forw of bkw Sole circle, LB or HB, feet together or straddled	A
Forw seat circle	A
Forw seat circle on LB w grip change to hang on HB	A
Bkw free hip circle- hip repulsion- free straddle forw over LB to rear support	B
HB- Back Sole circle w flight to LB stand	B
Forw seat circle on LB thru clear rear support w 1/2t to hang on HB	B
HB- front seat circle- 1/2t HB	B

HB HS- stoop into seat circle forw thru clear rear support- salto forw to catch in reverse grip to hang on HB	B
Bkw seat circle w 1/2t and grip change to hang on HB	B
HB- Back Pike circle w flight to LB stand	B
HB- Back Pike circle w grip change to hang on LB	B
Front seat circle to Straddle Cut	B
Pike Sole circle bkw (toe on and off) to clear support	B
Clear Hip hecht (also w 1/2t) from LB to HB	C
Bkw Free Hip circle- hip repulsion- 1/2t and grip change to HB	C
Bkw Free Hip circle- hip repulsion- 1/1t and grip change to HB	C
LB- Front seat circle to Straddle Cut to HB	C
HB- Front seat circle to Straddle Cut over LB to hang	C
HB- clear rear pk support- full circle swing back to finish in clear rear support on HB	C
Back Sole circle to HS	C
Pike Sole circle to HS, also w 1/2t in HS	C
Bkw Free Hip- hecht- 1/2t- regrasp same bar	D
Rear support on HB- Adler seat circle forw thru circle ext support (in L-grip) in HS phase, also w 1/2t	D
HB clear rear pk support- full circle swing back continuing thru clear rear pike support bkw over HB into hang	D
HB clear rear pk support- full circle swing back and 1/2t w flight to HS on LB	D
HB clear rear pk support- full circle swing back continuing to salto bkw str/pk betw bars to clear support on LB	D
Circle rear pk support on HB- full circle swing bkw w counter flight back straddle to hang on HB	D
Front Sole circle to HS- 1/1t in HS	D
Back Sole circle to HS- 1/1t in HS	D
Inner support on LB- Sole circle bkw thru HS w flight to hang on HB	D
Pike Sole circle bkw to HS w hop change to reverse grip	D
On LB- Pike Sole circle bkw thru HS w flight and 1/2t to catch HB (performed facing either direction)	D
HB HS- Sole circle bkw counter straddle- reverse hecht over HB to hang	D
HB HS- Adler seat circle forw thru extended support (in L-grip) in HS phase	E
Pike Sole circle bkw to HS- 1 1/1t in HS, also to L-grip	E

BARS

Dismounts	Value
Underswing, also with 1/2t and 1/1t	A
Front flyaway T/P/S	A
Sole Circle with 1/1t	Alt
Flyaway tucked or piked	Alt
Flyaway stretched	Alt
Flyaway T/P/S with 1/2t (arabian)	B
Front flyaway w 1/2t or 1/1t	B
Clear straddle circle forw on HB to salto forw tucked	B
Clear Hip hecht	B
HB- Cast HS - front salto tucked	B
From front support on HB, underswing w 1 1/2t and 2/1t	B
Straddle Cut to salto bkw T/P/S on LB, also on HB	B

Flyaway T/P/S with 1/1	Alt
Flyaway T/P/S with 1 1/2t and 2/1t	C
Toe on, front off T/P/S, also with 1/2t	C
Toe on, 1/2t- back salto tk/pk	C
Clear underswing to salto forw tk/pk, also w 1/2t	C
Clear underswing- 1/2t back salto tk/pk	C
Double flyaway tk/pk	C
Front flyaway with 1 1/2t	C
Back Hip hecht w 1/1t	C
HB- Cast HS- back salto tk/pk	C
HB- Cast HS- front salto tucked	C
Clear Hip to back salto tk/pk	C
Back Giant to back salto tucked over HB	C
HS on HB- swing down forw betw the bars w reverse grip to salto forw tucked w 1 1/2t	C
Straddle Cut to salto bkw tk/str with 1/1t and 1 1/2t	C
Toe on, front salto off tk/pk with 1/1t	D
Circle underswing- 1/2t- back salto stretched	D
Toe on, back salto stretched	D
Double flyaway with pike then layout or layout then pike	D
Back Hip hecht to back salto	D
Stalder to HS to back salto tk/pk	D
Double flyaway tucked with 1/2 turn in second salto	D
HS on HB- clear straddle circle forw betw bars to a salto forw str w 2 1/2t	D
HS on HB- swing down forw betw bars w reverse grip to a salto forw str w 2 1/2t	D
Giant circle bkw (facing LB) to salto bkw tk over HB w 1/1t	D
Toe on, front off tk w 1 1/2 t	E
Underswing- 1/2t- back tk off w 1/1t	E
Flyaway 3/1t	E
Double flyaway tucked with 1/1t and 2/1t	E
Double flyaway stretched, also with legs split	E
Double flyaway stretched with 1/1t and 2/1t	E
HS on HB- swing down betw bars- swing forw w 1/2t to dbl salto forw tk	E
Swing down betw bars, swing forw to salto bkw tk w 1/2t into salto forw tk w 1/2t (Beckman)	E
Flyaway- 1/2t- front tk	E
Front flyaway double, also w 1/2t	E
Salto forw w 1/2t into salto bkw tk	E
Back hip hecht- back salto w 1/1t	E

American Gymnastics Association

2017 Code of Points

BEAM

Mounts	Value
Free leap/jump onto end	A
Free leap/jump onto end w/ lowering to scale	A
Stride leap w 1/2 turn to support	A
Scissors leap to sit	A
Flank over to rear support	A
Jump w hand support to side straddle	A
Jump w hand support to split sit	A
Leap to cross split sit	A
Free jump to straddle stand (90 deg. Approach)	A
Jump to tuck stand	A
Jump to stoop thru	A
Swing thru to forward roll	A
Jump to forward roll	A
Straddle cut forw to rear support	A
Split leap forw w leg change to straddle split sideways w support on one hand	A
Chest or head stand	A
Free jump 1/2 turn stand	B
Thief vault to sit	B
From side stand frontways-dbl leg swing w 1/2t to rear support	B
Jump 1/2 turn-clear straddle	B
Stoop thru to clear pike (hold 2 sec.)	B
Jump to neckstand 1/2 turn	B
Head or neck kip	B
Press to handstand to 1/2 pirouette	B
Clr strd support-press to HS	B
Press to handstand	B
Jump to handstand	B
Jump w bent hips to side planche (hold 2 sec.)	B
Press to handstand-hop 1/4 turn	B
Jump to cartwheel w extended hips	B
Handspring off board	B
From side-front aerial to sit	B
Free forward roll at end of beam	B
Jump w hecht phase to roundoff-approach at end of beam	B

BEAM

Mounts	Value
Two flank circles followed by leg flair	C
Roundoff straddle over to immed. Hip circle bkwd	C
Hecht roll on	C
Jump to neck stand w 1/2 turn	C
Piked front handspring step out	C
Press to handstand to 1/1 pirouette	C
Press handstand to 1 1/2 pirouette	C
Jump w extended hips to planche	C
Press HS 1/2 turn clear support (hold 2 sec.)	C
Jump, press or swing to HS, lower to clr pike support (hold 2 sec)	C
Press HS to 1 arm HS	C
Roundoff in front of beam-jump w 1/2 turn to near side HS	C
Jump 1/4 turn-1 arm continue 1/4 t-HS	C
Salto forward to sit	C
Salto forw tk to one leg in extended-tuck cross sit w support of hands behind hips	C
From front of beam-RO BHS w tk and str of legs, swing down to cross strd sit	C
From front of beam-RO 1 arm BHS on	C
From front of beam-RO BHS on	C
Free split leap forw w leg change (180 deg leg sep.) onto end of beam	C
Straddle jump onto end of beam	C
Free jump w 1/2t to cross split sit-take off from both legs-diagonal approach	C
Free jump to cross split sit-take off from both legs-diagonal approach	C
Jump, press or swing to HS w 2/1t in HS-lower to beam	C
Jump, press or swing to HS w 2/1t in HS-lower to clr straddle support	C
3 flying flairs	D
RO-FF w 12t and walkover forw	D
Front Handspring w extended hips	D
Jump, press, or swing to HS, 1/1t, lower to clr pike support (hold 2 sec)	D
Press HS-1/1 turn in HS-planche (2 sec)	D
Jump, press or swing to HS, shift weight to 1 arm (2 sec), lower to clr strdl support on 1 arm	D
Jump or press on 1 arm to HS	D
Jump w extended hips-1/2 turn-HS	D
From side: front tuck to sit	D
(from end) Handspring forw onto board, salto forw tk to stand	D
From side: front pike to sit	D
Roundoff BHS with 1/1 turn	D
Roundoff BHS with 1/1 turn into swing down to cross strd sit	D
Roundoff back salto str step out	D
Roundoff back salto tk	D
Free jump 1/1 turn to stand	D

Jump, press or swing to HS w 2/1t in HS lower to clr pike support	D
Jump, press or swing to HS w 1 1/2t in HS lower to clr pike support	D
From end: front tuck to stand	D
From end: front tuck to side stand	D
Roundoff at end of beam back salto stretched to 2 feet	E
Salto forw tucked w 1/2t to stand	E
From end: front pike to stand	E
Salto forw tk w 1/2t to stand	E
Roundoff at end of beam arabian salto to stand	E
Roundoff at end of beam back salto stretched 1/1 turn	E

BEAM

Leaps, Jumps and Hops	Value
Stag leap	A
Split leap	A
Hop w free leg above horizontal	A
Sissone	A
Jump 1/2 turn	A
Arch jump	A
Straight jump w change of legs	A
Tuck jump	A
Forward hitchkick	A
Backward hitchkick	A
Cat leap	A
Cabriole (front or back)	A
Stag leap forw w leg change (stag never extends first leg prior to leg switch)	A
Wolf hop	A
Split jump	B
Split jump 1/4 turn	B
Stag split leap 1/4 turn	B
Split leap 1/4 turn	B
Stride leap forw w change of legs to wolf position	B
Pike jump (>90) in cross position	B
Tuck jump 1/2 turn	B
Cat leap 1/2 turn	B
Stretch jump w 3/4 turn	B
Wolf jump take off from 2 feet	B
Split leap 1/2 turn	C
Split jump 1/2 turn	C
Cross split jump in side position w bending of rear leg backw upward	C
Fouette hop to scale	C
Hop 1/2 turn w leg above horizontal	C
Switch leap (>180) to scale (hold 2 sec)	C

Switch side Schushunova	C
Switch leap (>180)	C
Pike jump from cross position w 1/2 turn	C
Ring jump	C
Stag ring jump	C
Ring leap	C
Jump 1/1 turn	C
Cat leap 1/1 turn	C
Cross split jump in side position w both legs straight	C
Straddle pike jump (>180) in cross position	C
Straddle jump (>180) in side position	C
Straddle pike jump in cross position w 1/4 turn	C
Straddle pike jump in cross position w 1/4 turn to swing down, hip circle	C
Straddle jump to front side support to hip circle backw	C
Straddle jump swing down to straddle sit	C
Split leap w leg change to strdl. position take off and finish in cross position	C
Pike jump (>90) side position	C
Tuck jump 3/4 turn take off both legs	C
Wolf jump 1/2 turn take off 2 feet	C
Wolf hop (take off one leg) w 1/2t	C
Wolf hop (take off one leg) w 3/4t	C
Switch wolf	C

BEAM

Leaps, Jumps and Hops	Value
Wolf jump 3/4 turn	D
Tour Jete (>180)	D
Switch side leap	D
Sheep jump	D
Jump 1 1/2 turn	D
Tuck jump 1/1 turn, 2 foot take off	D
Cat leap 1 1/2 turn	D
Split jump w 3/4t begin side position	D
Split jump w 3/4t begin cross position	D
Straddle pike jump w 3/4t cross position	D
Straddle pike jump w 3/4t side position	D
Straddle jump 1/2 turn in cross position	D
Straddle jump 1/2 turn in side position	D
Straddle jump (180 deg) w 3/4t landing in frt supt or cross strd sit	D
Straddle jump 1/2t to hand support w swing down	D
Pike jump from side position w 1/2r	D
Cat leap w 1 1/2t	D
Split jump (>180) w 1/1t begin in cross position	D

Split jump (>180) w head release and body arch in cross position	E
Split jump(>180) w 1/1t begin in side position	E
Straddle pike jump w 1/1 turn	E
Straddle pike jump w 1/1 turn to front side support w hip circle bkw	E
Pike jump (take off from 2 feet) w 1/1t begin in side position	E
Pike jump (take off from 2 feet) w 1/1t begin in cross position	E
Wolf jump w 1 1/2t	E
Wolf Hop (take off 1 leg) w 1/1t	E
Wolf jump 1/1t	E

Turns	Value
1/1 Turn on 1 leg	A
1/1 Turn in knee scale	A
1/2 turn in prone position	A
1 1/2 Turn on 1 leg	B
1 1/2 Turn in knee scale	B
1/1 Turn in tuckstand free leg in forw horizontal	B
1/1 Turn in prone position	B
1 1/2 turn in prone position	B
1/1 Turn flank circle	B
1/1 turn on 1 foot w leg at 45 degrees	B
1/1 turn on 1 leg thigh of free leg above horizontal backw upward	C
1/1 turn on 1 foot w leg above horizontal	C
1/1 turn in scale	C
1/2 illusion turn	C
2/1 Turn in knee scale	C
1 1/2 turn in tuckstand	C
1 1/2 turn on back in kip position	C
1 leg circle w flair	C
2/1 turns on 1 leg	D
1 1/2 turn on 1 leg, thigh of free leg above horizontal backw upward	D
1 1/2 turn w leg above horizontal	D
1 1/2 turn in scale	D
2 turns in tuckstand	D
2 1/2 turn in tuckstand	D
3/1 turn on 1 leg	E
2/1 turn w leg above horizontal	E
1/1 illusion turn	E

BEAM

Waves	Value
Forward body wave to 2 legs	A
Backw body wave to 2 legs	A

Side body wave to 2 legs	A
Forw body wave 1 leg bal stand (2 sec)	B
Backw body wave 1 leg bal stand (2 sec)	B
Sideward body wave 1 leg bal stand (2 sec)	B
From kneel: body wave w rise thru toe balance	B

Holds	Value
Forw scale hold 2 sec	A
Needle scale hold 2 sec	A
Side scale	A
Back scale	A
Free lying pose w large leg separation	A
Planche on 1 bent arm	A
Planche w bent arms	A
Cross HS w 1/2t	A
Cross HS	A
Side HS	A
Front scale on toe hold 2 sec	B
Side scale on toe (>140) hold 2 sec	B
Clear pike V support hold 2 sec	B
HS w overhang	B
Jump to cheststand	B
Jump to cross HS	B
Jump to side HS	B
Back scale on flat foot hold 2 sec	C
Side HS to straight arm planche	C
Cross HS to straight arm planche	C
Reverse planche	C
1 arm side HS	C
1 arm Cross HS	C
Side HS release 1 hand swing down flank to side sit	C
Back scale on toe hold 2 sec	D
BWO side position to side planche on 1 arm	D
BWO side position to 1 arm hold	D

Rolls	Value
Forward roll	A
Swing to forward roll	A
Shoulder roll forw w hand support	A
HS forward roll	A
Back roll	A
Shoulder roll forw w hand support	A
Shoulder roll backw	A
Dive roll	B

No handed forw roll	B
Beck ext. roll	B
Sidew roll	B
Stretched sidew neck roll	B
Stretched side neck roll w 1/2 turn	B
Shldr. roll forw w hand support and ext. body thru vertical to tuck stand or stand	B
Free shoulder roll stretched	C
Stretched side neck roll w 1/1 turn	C
Stretched side neck roll w 1 1/2 turn	C
Free backw shoulder roll	C

BEAM

Walkovers, Cartwheels, Etc.	Value
Front Tinsica	A
1 arm cartwheel	A
Cartwheel	A
Cartwheel w bent arms	A
BWO in cross position	A
1 arm BWO in cross position	A
Back Tinsica	A
Tic Toc	A
Valdez	A
1 arm Valdez	A
BWO to 1/2 pirouette lower to beam	A
BWO to bridge 1/1t on 1 foot (1 hand support) to sit	A
FWO to bridge 1/1t on 1 foot (1 hand support) to sit	B
Valdez w 1/2t in HS	B
Swing to FWO	B
FHS	B
FHS on 1 arm	B
Dive cartwheel	B
Roundoff	B
Scale 1/2 turn cont. to BWO	B
BWO clear to split	B
BWO to HS 1/2 pirouette FWO	B
BHS stepout	B
BHS to 2 feet	B
Gainer BHS	B
FF w high flight swing down straddle sit	B
FWO in cross postion	B
1 arm FWO in cross position	B
FWO in side position	C
FHS w leg change in flight	C

Side aerial	C
Free aerial roundoff or cartwheel	C
BWO is side position	C
Valdez thru horizontal plane	C
F/BWO w 1/1 pirouette	C
Cartwheel w 2/1 HS pirouette	C
BHS 1/2 turn after	C
1 arm BHS step out	C
BHS in side position to frt support	C
1 arm BHS to 2 feet	C
1 arm gainer BHS	C
Gainer FF w tucking and stretching of legs to swing down	C
Valdez w 1/1 turn-1/2t in HS on 1 arm, 2nd 1/2t w late support of 2nd arm	C
BHS w 1/4t to HS	C
FF w tucking and stretching of legs to swing down (Chen Flic Tucked)	C
FF w piking and stretching of legs to swing down	C

BEAM

Walkovers, Cartwheels, Etc.	Value
Front aerial	D
Press to side HS walkover forw to side stand on both legs	D
BHS 1/1 turn before	D
FF step out from side position	D
FF from side position w 1/2 t to side HS	D
FF from side position to HS w 1/2t in HS	D
Gainer BHS 1/1 turn before swing down	D
Aerial cartwheel landing in side position	D
Aerial cartwheel across the width of the beam	D
BHS 3/4t HS	D
Arabian FHS	E
BHS side position 1/1t before back hip circle	E
Arabian FWO	E
Butterfly	E

Saltos	Value
Front tuck from 1 leg to stand	C
Back tuck to forw scale	C
Back tuck	C
Back salto stretched w step out	C
Back salto piked	C
Gainer back layout	C
gainer back layout w leg change	C
Gainer back tuck	C

cast, whip to front salto in strdl position to land on hands to cross strdl sit	C
Front tuck from 1 or 2 legs to extended tuck sit w/o hand support	C
Front tuck 2 leg takeoff	D
Side salto tucked/pike w forw takeoff	D
Side salto tucked/piked w sideward takeoff	D
Salto backw tucked in side position	D
Back layout 2 foot landing	D
Salto backw tucked in side position (across the beam)	D
Salto backw tucked w 1/4t to land sideways	D
Front tuck 1/2 turn after	E
Arabian salto	E
Jump 1/2 turn back salto piked	E
Front pike	E
Back salto 1/1 turn stretched	E

BEAM

Dismounts	Value
FHS	A
FHS 1/2 turn	A
Front Aerial	A
Barani	A
Front aerial 1/2 turn	A
Roundoff	A
Roundoff 1/2 turn	A
Back salto tucked	A
Back salto tucked 1/2 turn	A
Back salto piked	A
Back salto piked 1/2 turn	A
Back salto stretched	A
Back salto stretched 1/2 turn	A
Gainer tucked/piked from side	A
Gainer tucked 1/2 turn from side	A
Front salto tucked	Alt
Gainer stretched	B
Front salto tucked 1/2 turn	B
Front salto piked	B
Front salto piked 1/2 turn	B
Gainer stretched from side	B
Gainer stretched 1/2 turn from side	B
FHS 1/1 turn	B
Front aerial 1/1 turn	B
Roundoff 1/1 turn	B
Roundoff 1 1/2 turn	B

Front layout	B
Front layout 1/2 turn	B
Arabian tucked	B
Arabian piked	B
Gainer salto tucked at end of beam	B
Gainer salto tucked 1/1 turn from side	B
1/2 turn to back tuck	B
1/2 turn to back pike	B
Gainer leg swing to frt aerial w 1/1t in tk position off side of beam	B
Gainer leg swing to frt aerial w 1/1t in str position off side of beam	B
Back full tucked	C
Back full stretched	C
FHS 1 1/2 turn	C
FHS 2/1 turn	C
Front aerial 1 1/2 turns	C
Front salto T/P 1/1 turn 2 foot takeoff	C
Front salto stretched 1/1t 2 foot takeoff	C
Front salto 1 1/2 turn 2 foot takeoff	C
Back salto stretched 1 1/2 turns	C
Back salto stretched 2/1 turns	C
Gainer piked from end	C
Gainer salto tucked 1/1 turn from end	C
1/2 turn Back salto stretched 2 foot takeoff	C
Gainer salto stretched with 1/1 or 1 1/2 turn from side	C
Jump 1/1 turn front salto stretched	D
Jump 1/1 turn front salto T/P	D
Back salto stretched 2 1/2 turns	D
Double back salto tucked/piked	D
Gainer layout from end	D
Gainer layout 2/1 turns from side	D
Gainer salto pk w 1/1t at end of beam facing out (Rinaldo)	D
Back salto stretched 3/1 turns	E
Double back tucked 1/1 turn in	E
Gainer layout 1/1 turn from end	E
Double salto forward	E
Double arabian salto	E
Gainer salto backw tk w 2/1t off the end of beam	E

American Gymnastics Association

2017 Code of Points

FLOOR

Leaps, Jumps and Hops	Value
Split leap	A
Split jump	A
Stag leap	A
Stride leap forw w change of legs to wolf position	A
Hitch kick	A
Backw or forw cabriole	A
Sissone	A
Straight jump	A
Jump 1/2 turn	A
Jump 1/1 turn	A
Tuck jump	A
Tuck jump 1/2 turn	A
Cat leap	A
Cat leap 1/2 turn	A
Wolf hop take off from one leg	A
Hop 1/2 turn w leg horizontal	A
Wolf jump	A
Tuck to split jump	B
Side leap	B
Side split jump	B
Split leap 1/4 turn	B
Side split jump 1/2 turn	B
Split leap backw w 1/4 to 1/2 turn take off from one leg	B
Switch leap	B
Pike jump/leap	B
Pike jump/leap w 1/2 turn	B
Straddle pike jump	B
Straddle pike jump 1/2t	B
Scissors leap 1/4 turn-1/4 turn	B
Tour jete (>180)	B
Ring leap	B
Ring jump	B
Sheep jump	B
Jump 1 1/2 turn	B
Tuck jump 1/1 turn	B

Cat leap 1/1 turn	B
Wolf hop 1/2 turn	B
Hop 1/1 turn leg horizontal	B
Hop 1/2 turn w leg horizontal to land in scale	B
Wolf jump 1/2 turn	B

FLOOR

Leaps, Jumps and Hops	Value
Schushanova	C
Schushanova 1/2 turn	C
Leap w 1/1 turn	C
Split jump w 1/1 turn	C
Split leap forw w leg change thru forw, sidew, to backw horizontal	C
Switch side leap w 3/4 turn	C
Switch side leap w landing in front lying support	C
Switch side leap w an addl 1/2t in horiz plane to land in front lying support	C
Switch leap to scale hole 2 sec	C
Switch side leap	C
Switch side leap w 1/2 turn	C
Pikejump w 1/1t legs at horiz	C
Straddle jump 1/1 turn	C
Leap w 1 1/2t in horiz plane, legs together, land in front lying support, take off 1 leg	C
Tour jete 1/2 turn to land in split position	C
Tour jete 1/2 turn to land on 2 feet	C
Tour jete to ring position	C
Tour jete to ring leap w 1/2t	C
Switch ring leap	C
Jump 2/1 turns	C
Stretched jump w 2 1/2 turns	C
Tuck jump 1 1/2 turns	C
Cat leap 1 1/2 turns	C
Wolf hop 1/1 turn	C
Hop 1 1/2 turns leg horiz	C
Wolf jump 1/1 turn	C
Schushanova w 1/1 turn	D
Split jump in place w 1 1/2 turns	D
Straddle pike jump w 1 1/2t take off from 1 or 2 feet	D
Switch leap w 1/1 turn	D
Tour jete w addl 1/1 turn to land on both legs	D
Stretched jump w 3/1 turn	D
Tuck jump 2/1 turn	D
Cat leap 2/1 turn	D
Hop w 2/1 turns leg horiz	D

Wolf hop 1 1/2 turn	D
Wolf jump 1 1/2 turn	D
Wolf hop 2/1 turns	E
Wolf jump 2/1 turns	E

FLOOR

Turns	Value
1/1 turn on 1 leg	A
1 1/2 turn on 1 leg	B
1/1 turn w 1 leg horizontal	B
1/1 turn to scale	B
1/1 illusion turn	B
1/1 turn in tuckstand on 1 leg	B
2/1 spin in kip position	B
2/1 turn on 1 leg	C
1 1/2 turn w leg horizontal	C
1 1/2 turn to scale	C
1 1/2 turn in tuckstand on 1 leg	C
Double scissors	C
2 1/2 or 3/1 turns on 1 leg	D
2/1 turn w leg horizontal	D
2 1/2 turn w leg horizontal	D
2/1 turn to scale hold 2 sec	D
2/1 turn in scale	D
2/1 illusion turn w/o touching floor w free leg or hand	D
2/1 turn in tuckstand on 1 leg	D

Handstands	Value
Handstand	A
1/2 HS pirouette	A
1/1 HS pirouette	A
HS forward roll	A
Jump to HS	A
1 1/2 HS pirouette	B
2/1 or more HS pirouette	B
Straddle Support Press to HS	B

Rolls	Value
Forward roll	A
HS forward roll	A
Hecht roll	A
Back roll tucked or piked	A
St arm Back ext roll	B

From backward take off stretched jump w 1/2t to hecht roll	B
Beck ext roll to 1/2 pirouetter	B
Beck ext roll to 1/2 pirouetteBack ext roll to 1/1 pirouette	B
Back ext roll to 1 1/2 pirouette	B
Back ext roll to 2/1 pirouette	B

FLOOR

Walkovers/Cartwheels	Value
Valdez	A
FWO	A
BWO	A
FHS	A
FHS 1/2 turn	A
Aerial	A
Front aerial	A
Cartwheel	A
Dive cartwheel	A
One butterfly	A
Barani	A
Roundoff	A
BHS	A
Gainer BHS	A
1 arm BHS	A
Head/neck kips	A
Valdez to 1/1 pirouette	B
BWO to 1/1 pirouette	B
Flyspring	B
Arabian FHS	B
1/1 turn BHS	B
Jump 1/4 turn aerial 1/4 turn to prone position	B
FHS 1/1 turn before	C
FHS 1/1 turn after	C
Front Aerial 1/1 turn	C
2 or more backward butterflies	C

Side Saltos	Value
Forward take off: side salto tuck/pike	A
Forward take off: side salto stretched	A
Backward takeoff: side salto stretched	B
Arabian stretched	B
Arabian tucked/piked	B
Arabian double salto	E
Arabian double salto 1/2 turn	E

FLOOR

Front Saltos	Value
Front tuck	A
Front tuck 1/2 turn	A
Front pike salto	B
Front pike salto w 1/2t	B
Front layout	C
Front layout step out	C
Front layout 1/2 turn	C
Front layout 1/1 turn	D
Front pike 1 1/2 turn	D
Front salto tucked 1/1 turn	D
Front tuck 1 1/2 turn	D
Front salto piked 1/1 turn	D
Front layout 1 1/2 turn	D
Front salto stretched 2/1 turns	E
Front salto stretched 3/1 turn	E
Front salto stretched 2 1/2 turn	E
Double salto forward	E
Double salto forward 1/2	E

Back Saltos	Value
Back salto tucked/piked	A
Back salto stretched	A
Back salto tuck to stretch	A
Back salto pike to stretch	A
Whip back	A
Gainer salto tucked/piked	A
Gainer salto stretched	A
Back salto stretched w 1/2 turn	B
Back salto 1/1 turn stretched	B
Back salto 1/1 turn tucked/piked	B
Back salto tuk/pike w 1/2 turn	B
Whip back 1/2 turn	B
Whip back 1/1 turn	B
Gainer salto tucked 1/1 turn	B
Jump 1/2 turn back salto tucked/piked	C
Back salto 1 1/2 turns	C
Back salto 2/1 turns	C
Jump 1/2 turn back salto stretched	C
Back salto 2 1/2 turns	D

Double back tucked	D
Double back piked	D
Back salto 31 turn	E
Double back 21 turn	E
Double back 1/1 turn tucked	E
Double back 1/1 turn piked	E
Double back stretched	E
Double back 1/1 turn stretched	E
Double back 2/1 turn stretched	E

AGA Code of Points

Supplement 2017

Look at this sheet before determining skill values with alt beside them.

In AGA there are skills that receive different values for different Levels.

Please refer to the chart below for the value of these skills.

	Jr Prep	Junior	Senior	Elite
<u>Uneven Bars</u>				
Stoop Sole Circle Forward in pike or straddle	A	A	none	none
Kip Cast to 30 degrees above horizontal	B	B	A	A
Sole Circle in pike or straddle low or high bar	A	A	none	none
Sole Circle Full Twist dismount	B	B	A	A
Flyaway tucked or piked	B	B	A	A
Flyaway stretched	B	B	B	A
Flyaway tucked, piked or stretched with 1/1 twist	C	C	C	B
Underswing Uprise	B	B	B	A
Giant Backwards	C	C	C	B
Straddle Cut Catch on high bar	C	C	C	B
<u>Beam</u>				
Front Salto Dismount	B	B	A	A
"A" value Salto Dismount from a non flight acro skill	B	B	A	A
"A" value Salto Dismount from a flight acro skill	B	B	B	B

Junior Preps are allowed various counting skills on uneven bars that receive A value.

These are but not limited to:

pullover mount

glide

tap swing

single leg shoot through

single leg kip

front mill circle

For all other levels these can be counting skills, but will not receive any value.

Exercise such as chin ups or leg lifts are NOT counting skills with the exception of Developmental.